

# Welcome to Region 4 Recovery Services



From Dianna Taylor and Carla Heath

Region 4 Peer Recovery Specialist Coordinators



Greetings peers and peer supervisors,

Welcome from Region 4 Recovery Services. We are excited that you are embarking on this new journey. We look forward to working side by side with you to inspire hope and bring recovery-oriented services to those we serve.

## **REGION 4 RECOVERY SERVICES VISION STATEMENT**

To create strong collaboration between peer recovery specialists, clinical staff, peers served and stakeholders. To ensure that peer services are valued and utilized and are a meaningful part of the process of providing recovery-oriented services. To recognize that working together we can make the goal of recovery a reality for all those who we serve.

## **WHAT WE DO:**

- **PROVIDE AND FACILITATE TRAININGS**
  - Emotional CPR
  - Certified Personal Medicine Coach Training
  - Peer Recovery Specialist Training
  - WRAP Facilitator Training
  - Mentorship Training
  - Ethics Trainings
  
- **HOST AN ANNUAL COLLABORATIONS RECOVERY CONFERENCE**
  - A great way to get involved in peer recovery is to join our conference planning committee. If interested in joining the committee contact Dianna or Carla.
  
- **HOST AN ANNUAL MEET, GREET AND LEARN EVENT**
  - This event is for peer recovery specialist and their supervisors. It is a chance to meet other peer specialist and supervisor and has an educational component as well.
  
- **HOST QUARTERLY LUNCH AND LEARNS**
  - Varieties of topics are covered. If you would like to suggest a topic please contact Dianna.
  
- **KEEP A PULSE ON WHAT IS HAPPENING IN REGARDS TO PEER SERVICES AT THE CSB'S AND IN THE COMMUNITY**
  - Represent the Region at community meetings at the state and local level.

## A FEW HELPFUL RESOURCES:

- Certified Peer Recovery Specialist booklet (enclosed).
- [www.vocalvirginia.org](http://www.vocalvirginia.org) Sign up for the e-digest to keep up to date on trainings and other events in Virginia.
- Office of Recovery Services. Follow this link to sign up for the recovery blast <http://www.dbhds.virginia.gov/office-of-recovery-services>

## A LITTLE ABOUT US:

**Dianna:** Prior to coming to Virginia a few years ago, I served in several peer and leadership capacities and engaged in program development, grant writing and administrative collaboration at the state and regional levels in California. Additionally, I have worked closely with business leaders and other stakeholders in a number of capacities to gain support for program start-up.

In my spare time, I enjoy shopping, and listening to worship music and writing. My vision is to grow the Region 4 Peer Workforce collaboratively and to have our model be the catalyst for future regions.

**Dianna Taylor** [dianna.taylor@rbha.org](mailto:dianna.taylor@rbha.org) cell 804 221-0415

**Carla:** I have twelve years' experience in the peer field developing, providing and overseeing peer services. I feel my experience and skills acquired in serving as a cofounder and Executive Director of a non-profit center, combined with my work at Community Service Boards, gives me a unique perspective regarding peer and recovery-oriented services.

In my spare time, I enjoy swimming, painting, and spending time with family and friends. I am glad to be supporting my peers in providing services that I so passionately believe in.

**Carla Heath** [carla.heath@rbha.org](mailto:carla.heath@rbha.org) cell 804 363-6925

## CHECK OUT REGION 4'S YOUTUBE CHANNEL:

<https://www.youtube.com/channel/UChzGVfpMXqkdR8BqBhwvjDg>



Collaborations Meeting



Annual Collaborations Recovery Conference